

BECOME A CERTIFIED ANOTHER WAY FACILITATOR



AIM OF THE TRAINING

On completion of the training to become an Another Way Facilitator you should feel confident to run a support group, as well as to facilitate effective communication between members and resolve problems/conflicts within the group.

THE TRAINING COMPONENTS

During our course, you can develop:

- Practical skills and confidence to facilitate a group
- Ability to harness the wisdom of the group
- Ability to maximise participation of the group members
- Ability to resolve problems/conflicts within the group

PURPOSE OF THE SUPPORT GROUP “ANOTHER WAY OF LIVING”

The purpose of the support group “Another Way of Living” is to meet like-minded individuals in a warm, friendly, and supportive environment where members can learn how to deal with life’s challenges in a peaceful manner, increase self-confidence, and succeed in all areas in life. This is done through interactive discussions on significant life issues combined with specific mindfulness techniques which allow the individual to connect deeply with the infinite peace and immense joy within. The essence of these facilitated group discussions is to accelerate people’s personal growth, and help them discover the way to happiness and success in all areas in life.

WHAT WILL YOU GET?

At the end of the training you will receive an electronic version of the Training Manual for Facilitators, and a Certificate for Completion of the Training (included in the price). The Training Manual is designed to assist Facilitators in delivering “Another Way of Living” group sessions. Sessions are designed to be interactive, participatory and heavily discussion based. All discussion subjects on significant life issues in the areas of health, relationships, wealth and professional success have been designed so that Facilitators without a strong background in the presented subject areas are equipped with the right tools and information to successfully conduct group sessions.

Training Providers:



Dr Snezhana Djambazova –Popordanoska, MD, Dip. Couns., PhD

is a Founder of the Organisation Another Way, sought after Motivational Speaker, Mindfulness Coach, Counsellor, and a Published Book Author. At the core of her teachings lies individual’s inner transformation as a prerequisite for personal happiness and success in life. Her hope is that she can assist as many people as possible to rise to the level of radiant joy, infinite peace and inspiring greatness on a permanent basis that should be the essence of each individual’s experience.



Dr Emil Popordanoski, MD, FRACGP is an experienced practicing General Practitioner and Principal Consultant at the organisation “Another Way”. Being driven by genuine interest in improving people’s quality of life, he firmly believes in a holistic approach toward health. He promotes that by balanced and careful nurturing of our body - physical, mental and spiritual - we can achieve long lasting health and happiness. He believes that the immense power of human’s love, compassion, humbleness, self-discipline and persistence are qualities that can create life full of joy, meaning and happiness.