

YOU ARE INVITED TO ATTEND THE LIFE COACHING GROUP

ANOTHER WAY OF LIVING



The purpose of the life coaching group “Another Way of Living” is to meet like-minded individuals from all nationalities in a warm, friendly and supportive environment where you can learn the necessary life skills of how to deal with life's challenges in a peaceful manner, increase self-confidence, and succeed in all areas in life.

This is done through interactive discussions on significant life issues combined with specific mindfulness techniques which allow the individual to connect deeply with the infinite peace within.

Group Facilitators:

Dr Snezhana Djambazova-Popordanoska, MD, Dip. Couns., PhD works as a Counsellor, and Mindfulness Coach at William Angliss Institute. She is also a sought-after Motivational Speaker, and a Founder of the organisation “AnotherWay Life Education,” which mission is to facilitate people's personal growth, and help them discover the way to happiness and success in all areas in life.

Dr Emil Popordanoski, MD, FRACGP is an experienced practicing General Practitioner at William Angliss Institute and Principal Consultant at the organisation “AnotherWay Life Education”. He promotes that by balanced and careful nurturing of our body - physical, mental and spiritual - we can achieve long lasting health and happiness.

Video/Audio Meetings **via ZOOM**

Arrival Time: **7.30 p.m. for 7.45 start (sharp) - 9.00 p.m.**

Contribution fee: **Students: \$10 per session;**

All others: \$15 per session

Enquiry: **hello@anotherwayeducation.org**

We meet every Monday (except on public holidays)